



Menu Subject to Change				
K - 8 JANUARY LUNCH MENU 2018-2019				
Monday	Tuesday	Wednesday	Thursday	Friday
7th	8th	9th	10th	11th
<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>	<p>HAPPY NEW YEAR!</p> <p>NO SCHOOL</p>	<p>Beef Nachos</p> <p>Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Shredded Lettuce Salsa</p>	<p>Cheese Stuffed Breadsticks</p> <p>Marinara Dipping Sauce Vegetable Blend Fresh Melon</p>	<p>Pizza</p> <p>Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing</p>
<p>Chicken Flatbread Gyro</p> <p>WG Flatbread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC</p>	<p>Beef Tacos</p> <p>Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce</p>	<p>Popcorn Orange Chicken</p> <p>Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce</p>	<p>BBQ Chicken Meatballs</p> <p>Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup</p>	<p>Pizza</p> <p>Tossed Spinach Sliced Zucchini Fresh Orange French Dressing</p>
14th	15th	16th	17th	18th
<p>French Toast</p> <p>Turkey Sausage Celery Sticks Chilled Tropical Fruit Calypso Crush Veggie Juice Syrup</p>	<p>Beef Hot Dog</p> <p>Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing</p>	<p>Chicken Drumstick</p> <p>Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing</p>	<p>Turkey Cheeseburger</p> <p>Roasted Red Potatoes Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup</p>	<p>Pizza</p> <p>Fresh Broccoli Fresh Apple Ranch Dressing</p>
21st	22nd	23rd	24th	25th
<p>NO SCHOOL</p>	<p>Chicken Tacos</p> <p>WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce</p>	<p>Chicken Ala King</p> <p>Creamy Mashed Potato WG Tea Biscuit Fresh Broccoli Fresh Melon Butter PC Ranch Dressing</p>	<p>Chicken Patty</p> <p>Green Beans WG Hamburger Bun Fresh Carrots Fresh Melon Ranch Dressing Mayo Packet</p>	<p>Pizza</p> <p>Grape Tomatoes Sliced Romaine & Iceberg Salad Fresh Orange Ranch Dressing</p>
28th	29th	30th	31st	Feb 1st
<p>Cheeseburger</p> <p>Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Ranch Dressing</p>	<p>BBQ Beef Riblet</p> <p>Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Ranch Dressing</p>	<p>Chicken Alfredo</p> <p>WG Penne Pasta WG Tea Biscuit & Butter PC Romaine Salad Celery Sticks Fresh Orange Italian Dressing</p>	<p>Chicken Strips</p> <p>Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce</p>	<p>NO SCHOOL</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. All BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.