

Menu Subject to Change

K - 8 FEBRUARY MENU

2019-2020

Monday	Tuesday	Wednesday	Thursday	Friday
				
				
<p>Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>				
3-Feb	4-Feb	5-Feb	6-Feb	7-Feb
Chicken Strips Vegetarian Baked Beans Carrot Sticks Apple BBQ Dipping Sauce Ranch PC	Beef Hot Dog Corn WG Hot Dog Bun Cucumber Coins Banana	Chicken Alfredo WG Penne Pasta Chopped Romaine Salad Celery Sticks Applesauce Cup French Dressing	Beef Meatballs in Marinara Sauce Glazed Carrots WG Hot Dog Bun Shredded Mozzarella Cheese Zucchini Pineapple (Canned)	PIZZA Broccoli Florets Diced Pears (Canned) Ranch PC
10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
Chicken Patty Vegetarian Baked Beans WG Hamburger Bun Baby Carrots Apple Mayo	Beef Nachos Cheese Sauce WG Corn Chips Shredded Romaine Lettuce Banana Salsa Ranch PC	Chicken Drumstick Vegetable Brown Rice Zucchini Chopped Romaine Salad Diced Pears (Canned) French Dressing	Cheeseburger Potato Wedges WG Hamburger Bun American Cheese Slice Broccoli Florets Mandarin Oranges Ketchup PC	PIZZA Shredded Romaine Celery Sticks Apple Italian Dressing
17-Feb	18-Feb	19-Feb	20-Feb	21-Feb
NO SCHOOL	Chicken Tacos Seasoned Black Beans WW 8" Tortilla Shredded Cheddar Cheese Shredded Romaine Lettuce Banana Taco Sauce PC	BBQ Turkey Burger Loaded Mashed Potatoes WG Hamburger Bun Baby Carrots Fresh Cut Melon Ranch PC	Beef Hot Dog Sweet Potato Cubes WG Hot Dog Bun Broccoli Florets Apple	PIZZA Shredded Romaine Salad Jicama Sticks Orange Ranch Dressing
24-Feb	25-Feb	26-Feb	27-Feb	28-Feb
WG French Toast Turkey Sausage Carrots Celery Stick Diced Pears (Canned) Syrup PC Ranch PC Turkey Club Sub	Beef Tacos Refried Beans WW 8" Tortilla Shredded Cheddar Cheese Shredded Romaine Lettuce Banana Taco Sauce PC	Popcorn Orange Chicken Fried Brown Rice Zucchini Broccoli Florets Tropical Fruit Orange Sauce Ranch PC	BBQ Chicken Drumstick Potato Cubes WG Teabiscuit Grape Tomatoes Apple Ketchup PC	Italian Seasoned Beef WG Garlic Toast Round Shredded Mozzarella Cheese Chopped Romaine Salad Applesauce Cup French Dressing Carrots

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.