

Menu Subject to Change

K - 8 DECEMBER LUNCH MENU 2018-2019

Monday	Tuesday	Wednesday	Thursday	Friday
3rd	4th	5th	6th	7th
Chicken Flatbread Gyro WG Flatbread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC	Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce	Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce	BBQ Chicken Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup	Pizza Tossed Spinach Sliced Zucchini Fresh Orange French Dressing
10th	11th	12th	13th	14th
French Toast Turkey Sausage Celery Sticks Chilled Tropical Fruit Calypso Crush Veggie Juice Syrup	Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing	Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing	Turkey Cheeseburger Roasted Red Potatoes Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup	Pizza Fresh Broccoli Fresh Apple Ranch Dressing
17th	18th	19th	20th	21st
Meatball Hoagie Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Tri Taters & Ketchup Fresh Zucchini & Ranch Chilled Pears	Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce	Chicken Ala King Creamy Mashed Potato WG Tea Biscuit Fresh Broccoli Fresh Melon Butter PC Ranch Dressing	Chicken Patty Green Beans WG Hamburger Bun Fresh Carrots Fresh Melon Ranch Dressing Mayo Packet	Pizza Grape Tomatoes Sliced Romaine & Iceberg Salad Fresh Orange Ranch Dressing
24th	25th	26th	27th	28th
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
31st	01/01/18	01/02/18	01/03/18	01/04/18
Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.	NO SCHOOL	Beef Nachos Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Salsa	Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon	Pizza Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. All BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.